

PLEASE READ AT LEAST 1 WEEK PRIOR TO YOUR PROCEDURE FAILURE TO FOLLOW THESE INSTRUCTIONS WILL DELAY OR RESULT IN THE CANCELLATION OF YOUR PROCEDURE

Appointment Details:

Please refer to your patient portal or appointment reminder for your appointment date, time, and location.

- ➔ If your procedure is at Greenville Endoscopy Center or Clemson Endoscopy Center your arrival time is **1 hour before your procedure time.**
- ➔ If your procedure is at Pelham Medical Center, Prisma Hospital or Hillcrest Hospital a member of the hospital pre-assessment team will contact you prior to your procedure with an arrival time.


*****PLEASE CALL 864-232-7338 TO CANCEL/RESCHEDULE 5 BUSINESS DAYS PRIOR TO YOUR PROCEDURE TO AVOID A \$250 LATE CANCELLATION OR MISSED PROCEDURE CHARGE*****

AN ADULT DRIVER (AGE 18 OR OLDER) MUST ACCOMPANY YOU. YOUR DRIVER MUST REMAIN IN THE FACILITY OR YOUR PROCEDURE MAY BE RESCHEDULED.

THREE (3) DAYS PRIOR TO YOUR PROCEDURE AVOID SEEDS, NUTS, CORN, AND POPCORN.

MEDICATION INSTRUCTIONS

If you are on the following injectable medications, you will begin a clear liquid diet 24 hours prior to your procedure. Dulaglutide (Trulicity), Exenatide (Bydureon bcise, Byetta), Semaglutide (Ozempic, Wegovy, Rebelsus by mouth), Liraglutide (Victoza), Lixisenatide (Adlyxin).

	7 DAYS PRIOR	5 DAYS PRIOR	3 DAYS PRIOR	DAY BEFORE (Prep Day)	PROCEDURE DAY
STOP 	Diet Meds (Adipex, Momaira, Qsymia, Phentermine, GOLO Release, etc.)	Iron Supplements	Do not eat seeds, nuts, corn, and popcorn	Diabetics only take ½ dose	Diabetics do not take diabetic meds or insulin but bring to your procedure.
<p>Day before procedure (prep day): Continue all daily medications (not listed above), including aspirin. DO NOT STOP ASPIRIN.</p> <p>Day of your procedure: Take your aspirin, blood pressure, heart (except blood thinners), thyroid, or seizure medications with a small sip of water. Hold all other medications until after your procedure.</p> <p>If you have asthma, or other lung conditions, please bring your inhalers with you to your procedure.</p>					

Prep Instructions

[Day of Procedure] NO SOLID FOOD AFTER MIDNIGHT. CLEAR LIQUID DIET.

YOU MAY HAVE A CLEAR LIQUID DIET UNTIL 4 HOURS PRIOR TO YOUR PROCEDURE TIME. NOTHING AFTER THIS TIME INCLUDING WATER, CHEWING TOBACCO, CHEWING GUM AND HARD CANDY.

Food and drink taken before anesthesia can cause problems such as choking or vomiting. When sedated your body's normal protective airway reflexes are impaired. Having food or liquids in your stomach of any amount greatly increases the chance of serious consequences.

CLEAR LIQUID DIET CHOICES: (NO RED, BLUE, OR PURPLE LIQUIDS, AND NO DAIRY PRODUCTS)

- Soups: Bouillon (NO broth)
- Desserts: Jell-O, Popsicles (no red, blue, or purple)
- Beverages: Coffee (Black, or with sugar only-no dairy or artificial creamers), tea, apple juice, white grape juice. Carbonated beverages: Coke, Pepsi, 7-Up, Sprite, Ginger Ale. Sports Drinks: Gatorade, G2, Powerade

Dizziness and headache could be signs of low blood sugar. Drinking a regular carbonated beverage (not diet) or apple juice may alleviate these symptoms.

FREQUENTLY ASKED QUESTIONS

1. Can I chew gum or suck candy? Yes but nothing with soft centers or of red color. No gum or candy 4 hours prior to your procedure.
2. Can I brush my teeth? Yes.
3. Can I wear my dentures? Yes you may wear them to your procedure however you may be asked to remove them prior to the procedure.
4. Remove all jewelry prior to coming to your procedure.