

**PLEASE READ AT LEAST 1 WEEK PRIOR TO YOUR PROCEDURE  
FAILURE TO FOLLOW THESE INSTRUCTIONS WILL DELAY OR RESULT IN THE  
CANCELLATION OF YOUR PROCEDURE**

**Appointment Details:**

Please refer to your patient portal or appointment reminder for your appointment date, time, and location.


- ➔ If your procedure is at Greenville Endoscopy Center or Clemson Endoscopy Center your arrival time is **1 hour before your procedure time.**
- ➔ If your procedure is at Pelham Medical Center, Prisma Hospital or Hillcrest Hospital a member of the hospital pre-assessment team will contact you prior to your procedure with an arrival time.

**\*\*PLEASE CALL 864-232-7338 TO CANCEL/ RESCHEDULE 5 BUSINESS DAYS PRIOR TO YOUR PROCEDURE TO AVOID A \$250 LATE CANCELLATION OR MISSED PROCEDURE CHARGE\*\***

**AN ADULT DRIVER (AGE 18 OR OLDER) MUST ACCOMPANY YOU. YOUR DRIVER MUST REMAIN IN THE FACILITY OR YOUR PROCEDURE MAY BE RESCHEDULED.**

**THREE (3) DAYS PRIOR TO YOUR PROCEDURE AVOID SEEDS, NUTS, CORN, AND POPCORN.**

**MEDICATION INSTRUCTIONS** (refer to the table below for when to stop your medications):

	<b>7 DAYS PRIOR</b>	<b>5 DAYS PRIOR</b>	<b>3 DAYS PRIOR</b>	<b>DAY BEFORE (Prep Day)</b>	<b>PROCEDURE DAY</b>
<b>STOP</b> 	Diet Meds (Adipex, Momaira, Qsymia, Phentermine, GOLO Release, etc.)	Iron Supplements	Do not eat seeds, nuts, corn, and popcorn	Diabetics only take ½ dose	Diabetics do not take diabetic meds or insulin but bring to your procedure.
<p align="center"><b>Day before procedure (prep day): Continue all daily medications (not listed above), including aspirin. DO NOT STOP ASPIRIN.</b></p> <p align="center"><b>Day of your procedure: Take your aspirin, blood pressure, heart (except blood thinners), thyroid, or seizure medications with a small sip of water. Hold all other medications until after your procedure.</b></p> <p align="center"><b>If you have asthma, or other lung conditions, please bring your inhalers with you to your procedure.</b></p>					

**Prep Instructions**

1. A prescription for SUTAB has been sent to your pharmacy. Contact your pharmacy to confirm it's ready for pickup.
2. Follow the directions below.

Do not take oral medications within 1 hour of starting each dose of SUTAB. If taking Tetracycline or Fluoroquinolone antibiotics, iron, Digoxin, Chlorpromazine or Penicillamine, take at least 2 hours before and not less than 6 hours after each administration of each dose of SUTAB.

Please read the instructions below carefully and follow the directions to prepare for your colonoscopy. Failure to do so may result in the cancellation of your procedure.

**[Prep Date = Day Before Procedure] CLEAR LIQUID DIET ALL DAY, NO SOLID FOODS**

CLEAR LIQUID (one you can see through) DIET CHOICES: (NO RED, BLUE, OR PURPLE LIQUIDS, AND NO DAIRY PRODUCTS)

- Soups: Bouillon (NO broth)
- Desserts: Jell-O, Popsicles (no red, blue, or purple)
- Beverages: Coffee (Black, or with sugar only-no dairy or artificial creamers), tea, apple juice, white grape juice. Carbonated beverages: Coke, Pepsi, 7-Up, Sprite, Ginger Ale. Sports Drinks: Gatorade, G2, Powerade

**At 5:00pm**, open one bottle of SUTAB (12 tablets). Fill the provided container with 16 ounces of water (to the fill line). Swallow each tablet with a sip of water and drink the entire amount in 15-20 minutes.

Approximately one hour after the last tablet is ingested, fill the provided container a second time with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.

Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

***Morning exams (procedure time prior to 12:00pm)***

At 11:00pm, open one bottle of SUTAB (12 tablets). Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount in 15-20 minutes.

Approximately 1 hour after the last tablet is ingested, fill the provided container a second time with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.

***Afternoon exams (procedure time 12:00pm or later)***

At 5:00am on your procedure day, open one bottle of SUTAB (12 tablets). Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount in 15-20 minutes.

Approximately 1 hour after the last tablet is ingested, fill the provided container a second time with 16 ounces of water (up to the fill line) and drink the entire amount over 30 minutes.

SUTAB and required water must be completed at least 4 hours prior to your colonoscopy.

**STOP DRINKING ALL LIQUIDS 4 HOURS PRIOR (refer to chart below) TO PROCEDURE TIME.**

**NOTHING AFTER THIS TIME INCLUDING WATER, CHEWING TOBACCO, CHEWING GUM AND HARD CANDY.**

<b>ARRIVAL TIME</b>	<b>STOP all liquids – nothing after this time</b>	<b>ARRIVAL TIME</b>	<b>STOP all liquids – nothing after this time</b>
6:30 AM	3:00 AM	11:00 AM	8:00 AM
7:00 AM	3:30 AM	11:30 AM	8:30 AM
7:30 AM	4:30 AM	12:00 PM	9:00 AM
8:00 AM	5:00 AM	12:30 PM	9:30 AM
8:30 AM	5:30 AM	1:00 PM	10:00 AM
9:00 AM	6:00 AM	1:30 PM	10:30 AM
9:30 AM	6:30 AM	2:00 PM	11:00 AM
10:00 AM	7:00 AM	2:30 PM	11:30 AM
10:30 AM	7:30 AM	3:00 PM	12:00 PM

**Food and drink taken before anesthesia can cause problems such as choking or vomiting. When sedated your body's normal protective airway reflexes are impaired. Having food or liquids in your stomach of any amount greatly increases the chance of serious consequences.**

Dizziness and headache could be signs of low blood sugar. Drinking a regular carbonated beverage (not diet) or apple juice may alleviate these symptoms.